

Committed to Caring

Annapolis Pediatrics

offering superior healthcare for newborns, children, adolescents and young adults

About our "new" newsletter

Annapolis Pediatrics is proud to introduce our newly revised and formatted quarterly newsletter. Through this newsletter we will offer informative and topical information as well as tips about maintaining your child's good health. For your convenience, downloadable PDF versions of our newsletters will also be made available at our website at www.annapolispediatrics.com. Feel free to download these PDF newsletters and also email them to any of your friends and family that might find them of interest. If you have a general topic that you would like to see covered in a future issue, please be sure to let us know.

On behalf of the entire staff of Annapolis Pediatrics, we hope everyone had a wonderful summer and that they are ready for the fall season. Please enjoy this first issue of *Committed to Caring*, the newsletter of Annapolis Pediatrics.

Best wishes,



Douglas M. White, MD

Annapolis Pediatrics is dedicated to working with you to maintain your child's good health.

Annapolis Pediatrics has been serving infants, children, adolescents and young adults in Annapolis and the surrounding communities for over fifty years.

www.annapolispediatrics.com

Back to school

With another summer coming quickly to a close, it's time to prepare for back to school. In addition to school supplies and clothes, it's also time to make sure that your child has the proper immunizations, and could be the right time to schedule a physical so your child can qualify for participating in school sports. Please contact us today to schedule your appointment. Since most of our doctors rotate through all three offices, with proper notice we will be able to schedule you to see your preferred physician at the location most convenient for you.

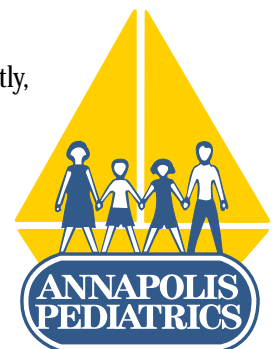
Speaking of immunizations

With the hectic schedules that most families have nowadays, it's sometimes a problem remembering which immunization shots your children have had, and when they should be scheduled for boosters. To help you organize this important health information better, we're offering our a new immunization chart for each of your children. The next time you visit our office, we'll provide you with a chart filled in with the most up-to-date information. You'll take this chart home to keep with your important health records and have it handy for occasions when you might need to refer to it. We will update it each time you come in. It's simple, it's handy and we hope you'll take advantage of it.

Our newly updated website

For those of you that haven't visited our website recently, we urge you to do so. Our newly designed site offers complete biographies of all of our physicians and nurse practitioners. We also offer links to other sites that we believe members of our patient families will find useful. But most importantly, we offer links to 'kid-safe sites' that your children can enjoy. Please take a look and let us know what you think.

Visit us at www.annapolispediatrics.com.





Annapolis Pediatrics offers three convenient locations:

Annapolis/Main Office
200 Forbes Street #200
Annapolis, MD 21401
(410) 263-6363

Walk-in Hours:

Mon. – Fri., 7:30 a.m. – 8:30 a.m.

Summer Hours (mid-May – mid-October):

Mon. – Thurs. 8 a.m. – 7 p.m.

Friday 8 a.m. – 5 p.m.

Saturday 8 a.m. – 1 p.m.

Sunday 9 a.m. – 12 noon

Winter Hours (mid-October – mid-May):

Mon. – Thurs. 8 a.m. – 9 p.m.

Friday 8 a.m. – 5 p.m.

Saturday 8 a.m. – 1 p.m.

Sunday 9 a.m. – 12 noon

Arnold Office

517 Ritchie Highway, #205
Arnold, MD 21012
(410) 757-2200

Monday – Friday, 9 a.m. – 5 p.m.

Waugh Chapel Office

2401 Brander Mill Boulevard, #240
Gambrills, MD 21054
(410) 721-0037

Monday – Friday, 9 a.m. – 5 p.m.

Toll-free 1-800-787-0087

For more information,
visit our website at

<http://www.annapolispediatrics.com>

Committed to Caring well-baby visits

The first year of your new baby's life can be one of incredible adjustments for you—as well as for your baby. You'll be getting familiar with your baby's personality as well as establishing a sleep/wake schedule that works for both of you. It's also very important for your baby to be examined periodically to check his/her physical growth and development as well as receive routine immunizations. These well-baby visits can help your pediatrician or nurse practitioner to detect and treat any problems they might find early on. Your well-baby visit is also a great opportunity for you to learn about healthy growth and developmental milestones that are appropriate for your child. This is also the ideal time to ask questions and discuss any concerns you might have with your pediatrician or nurse practitioner.



An interview with...

Dr. Samuel M. Libber

“While I enjoy all my patients—from premies to young adults—it's especially rewarding to see one of my former patients come back with children of their own.”

As an active part of Annapolis Pediatrics and the Annapolis community for the past twenty years, Samuel M. Libber has a familiar face! Dr. Libber began his career in medicine by receiving a Bachelor of Science degree at the University of Leeds in England. He returned to his native state of Maryland, where he completed his M.D., pediatric internship and residency at Johns Hopkins University. Following a three-year academic pediatric position at Baltimore City Hospitals, Dr. Libber returned to Hopkins for a fellowship in Pediatric Endocrinology. After completing the fellowship, Dr. Libber joined Annapolis Pediatrics.

Dr. Libber is board-certified in Pediatrics and Pediatric Endocrinology. He is a Fellow of the American Academy of Pediatrics, a member of the American Diabetes Association, and the Lawson Wilkins Pediatric Endocrine Society. Dr. Libber assists with the Pediatric Advisory Group of the Johns Hopkins University School of Medicine Department of Pediatrics.



Dr. Libber is married to an attorney working for the Maryland Judiciary and has two college age children. When he is not spending time with patients, Dr. Libber keeps busy with his interests in music, painting, and travel.

He was recognized as a “Top Doc” for 2002 in “Baltimore” Magazine and for 2003 in “What's Up” Magazine in Annapolis.