

## Annapolis Pediatrics Physical Guide

Age	Birth	7-10 days	1 month	2 months	4 months	6 months	9 months	12 months	15 months	18 months	2 years	30 month	3 years	4 years	5 years	6 years	7-8 years	9 years	10 years	11-12 years	13-15 years	16 years	17 years	
<b>Labwork</b>	Newborn Screen #1	Newborn Screen #2						Lead/ Hgb			Lead/ Hgb							Cholesterol #1 <sup>e</sup>				GC/ Chlamydia *females only <sup>f</sup>		
																							Cholesterol #2	
<b>Physicals</b>	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v	v
<b>Screening</b>			Edinburgh	Edinburgh	Edinburgh	Edinburgh	ASQ			ASQ & MCHAT	ASQ& MCHAT	ASQ	ASQ	Hearing/ Vision				<-----PHQ9----->						
<b>Vaccines</b>																								
Hepatitis B	#1			#2	#3	#4																		
Rotavirus				#1	#2	#3																		
DTaP				#1	#2	#3			#4															
Polio (IPV)				#1	#2	#3			d															
Hib				#1	#2	#3			#4															
Pneumococcal				#1	#2	#3		#4																
Influenza						#1 <sup>b</sup>	b	b	b	b	b	b	b	b	b	b	b	b	b	b	b	b	b	b
MMR								#1																
Varicella								#1																
Hepatitis A									#1		#2													
Meningococcal																					#1		#2	
HPV																								#1 <sup>e</sup>
Tdap																								#1

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a - Hepatitis B #2 must be given at least 28 days after Hepatitis B #1, which is typically given at birth.

b - Must be at least 6 months of age to receive the influenza vaccine. If under 9 years of age and receiving first dose EVER, patient needs a booster dose within the same season 28 days later. Influenza vaccine is recommended yearly.

c - Must have reached 4th birthday in order to receive vaccines. If not given at 4 years, catchup by 6 years

d - May have additional dose of Inactivated Poliovirus at this age.

e - Gardasil is approved for males&females at age 9 but typically given at 11 year visit. If started before 15 years of age, Dose #1 and #2 administered 6-12 months apart.

If first dose of HPV is administered after patient turns 15 years old, 3 doses are needed (2nd dose 2 months after first, 3rd dose 4 months after second AND at least 6 months after first).

f- starting at age 16, a urine is collected from all female patients for chlamydia and gonorrhea screening for sexually active pts

g- if cholesterol not performed at 9 year visit, catch-up screening done between 9&11 years

**Edinburgh-** Depression screening for postpartum women.

**ASQ-** Developmental screening, specifically assessing skills in these areas: communication, gross motor, fine motor, problem solving, personal-social.

**MCHAT-** Developmental screening used to identify children who may benefit from a more thorough developmental and autism evaluation.

**PHQ9-** Multipurpose mental health screening used to diagnose, measure, and monitor the severity of depression in adolescent patients.

Combination Vaccine Products that we use:

Vaxelis (given at 2months, 4months, and 6 months) contains: DTaP, Hib, Hep B, and IPV

Pentacel (sometimes given at 15 months) contains: DTaP, Hib, and IPV

Quadracel (given at 4 years) contains: DTaP and IPV

ProQuad (given at 4 years) contains: Varicella and MMR

